



Treating Addiction and Mental Health in the 4 Boroughs

START YOUR RECOVERY NOW! [CALL 866-481-2547](tel:866-481-2547)

PAC TREATMENT PROGRAMS

AVAILABLE VIA TELEHEALTH OR AT ONE OF OUR CONVENIENT LOCATIONS

At PAC, we will treat you with special care and design the best treatment program for you to achieve a successful and sustained recovery. This process includes finding the right PAC therapist to lead your treatment program, recommendations for individual and group therapy sessions, developing specific goals for you to achieve during treatment, and a timeline for completing your program.

1. Intensive Outpatient Program (IOP)

PAC's IOP provides a structured and evidence-based treatment plan that includes:

- *Group, individual, education, and family sessions*
- *3-hour group sessions three times a week*
- *A total of 40 hours of treatment per month*

2. Outpatient Therapy (OP)

Clients participating in OP treatment attend fewer weekly individual and group counseling sessions than in IOP. PAC's OP treatment plan includes:

- *Two 90-minute group sessions each week*
- *A weekly 1-hour individual counseling session*
- *Group, individual, education, and family sessions*
- *A total of 16 hours of treatment per month*

3. Medication-Assisted Treatment

PAC Program offers a comprehensive Medication-Assisted Treatment (MAT) plan for Opioids, Alcohol, and other drugs.

4. Psychiatric medications are available for clients with substance use disorders.

PAC treatment programs are designed to fit into your life. Treatment sessions are available five days per week and online to provide the most scheduling flexibility.

Our licensed therapists, doctors, and nurses are standing by to assist you.

CALL 866-481-2547

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7 Debevoise St.
Brooklyn, NY 11206

Bronx
1215-17 Stratford Ave
Bronx, NY 10472

Manhattan
15 W. 39th St, 11th Floor,
New York, NY 10018

Queens
40-06 Warren St.
Elmhurst, NY 11373

MEDICAID AND MOST HEALTH INSURANCE PLANS ACCEPTED

[866-481-2547](tel:866-481-2547) or info@thepacprogram.com