PAC PROGRAM

NOW OFFERING OUTPATIENT MENTAL HEALTH SERVICES (ARTICLE 31) INTEGRATED WITH EXISTING OASAS OUTPATIENT TREATMENT

Who We Are

PAC Program of the Bronx is a community-based outpatient behavioral health provider offering:

- **A New York State OMH-licensed Article 31 Mental Health Clinic**
- An **established OASAS-licensed Outpatient Substance Use Program**
- An **integrated treatment model** for individuals with co-occurring conditions

All services are delivered at the same Bronx location by coordinated clinical teams, allowing clients to receive mental health care, substance use treatment, or both, based on individual need.

What's New

- Article 31 Outpatient Mental Health Services
- In-Person & Telemedicine Appointments
- Fully Integrated with Existing OASAS Services

Clients can now receive coordinated mental health and substance use treatment under one program, reducing barriers to care and improving continuity.

Services Offered

Mental Health (Article 31):

- Psychiatric Evaluation & Medication Management
- Individual Psychotherapy, Group Therapy, Couples, Family therapy
- Treatment for Depression, Anxiety, PTSD, Mood Disorders
- Trauma-Informed, Recovery-Oriented Care
- Telehealth Services

Substance Use (OASAS Outpatient):

- Outpatient Substance Use Treatment
- Integrated Dual-Diagnosis Care
- Care Coordination & Case Management
- Recovery Support Services

Who We Serve

We serve adults, including individuals who may be living with mental illness, substance use disorders, co-occurring conditions, justice involvement, or those transitioning from higher levels of care.

Our Approach

PAC Program uses a client-centered, trauma-informed, and evidence-based approach integrating CBT, Motivational Interviewing, Harm Reduction, and Integrated Dual-Diagnosis Treatment. Our goal is stability, engagement, and long-term recovery.

Who Can Be Referred

We accept referrals for adults who have:

- **A primary mental health diagnosis only**
- **A primary substance use disorder only**
- **Co-occurring mental health and substance use conditions**

Clients do not need to be enrolled in substance use treatment to access mental health services.

Referrals are accepted from hospitals, courts, community providers, shelters, care managers, and self-referrals.

Why PAC Program

- Licensed Article 31 Mental Health Provider
- Established OASAS Outpatient Program
- One location, one treatment team
- Community-based, Bronx-focused care
- Bilingual Services

Location & Access

The PAC Program of the Bronx
1215–1217 Stratford Avenue
Bronx, NY 10472
718 328 2605
866.481.2547

Hours: Monday–Sunday | 9 am to 5pm
In-Person Services Available
Telemedicine Available

Referrals Accepted | Walk-Ins Welcome